

# STUDIO ARTES

INCLUSION EQUITY RESPECT

## Inner West Program Information

### CREATING OPPORTUNITIES FOR PEOPLE WITH DISABILITY

Studio ARTES is a unique organisation that provides tailor-made creative activities and life skills programs for adults living with a wide range of disabilities. Our centre based programs in life skills, performing arts and visual arts give you choice to be part of something that you are interested in doing.

Studio ARTES in partnership with Sydney Community College offers a range of supported programs and short courses designed for students living with disability.

Our team of artists, performers and disability support workers would love to help you achieve your goals. Get in touch today about what you'd like to do!

Our individual and small group community access activities include private art tuition, evening events, personal and home care, transport and individual support.



### STUDIO ARTES CONTACTS

**Main Office (Hornsby)  
Programs/Admin/Enrolment**

33 Jersey Street, Hornsby  
9482 5266

[enquiries.sa@studioartes.org.au](mailto:enquiries.sa@studioartes.org.au)

**Inner West  
Office and Program**

Programs located in Lilyfield and Rozelle  
0490332073

[innerwest.sa@studioartes.org.au](mailto:innerwest.sa@studioartes.org.au)

## INNER WEST PROGRAMS 2020

<b>Monday</b>		
@ Whites Creek Community Garden and Cottage 31 White St Lilyfield		
9-12	Performance Building **NEW	
12-3 pm	Nature Art and Photography	Creative Cooking
<b>Tuesday</b>		
@ Whites Creek Community Garden and Cottage 31 White St, Lilyfield		
9-12 am	Gardening	Creative Cooking
12-3 pm	Nature Art	Creative Cooking

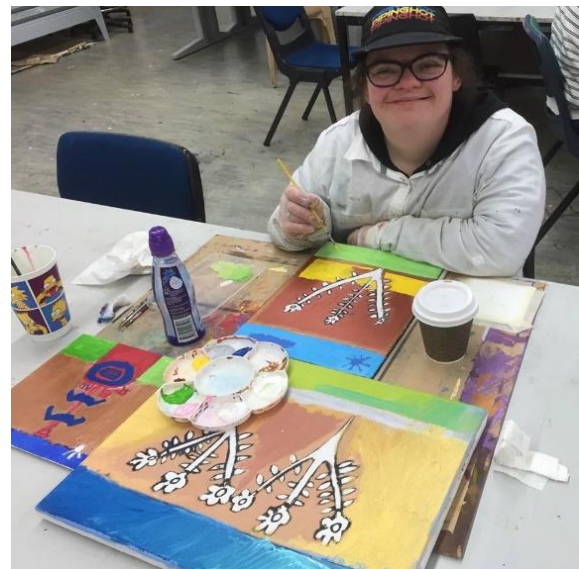
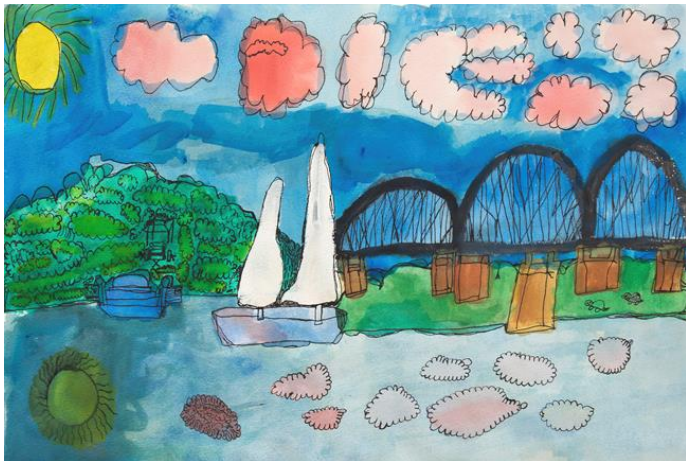
<b>Wednesday</b>		
@Sydney Community College 2a Gordon St, Rozelle		
9-12 am	Visual Art	Digital Photography
12-3 pm	Visual Art	Digital Photography
3-5.30 pm	Social Club	
<b>Thursday</b>		
@Sydney Community College 2a Gordon St, Rozelle		
9-12	Dance and Creative Movement	Storytelling and Puppetry
12-3	Music and Rhythm	Visual Art
<b>Friday</b>		
@Sydney Community College 2a Gordon St, Rozelle		
9-12	Visual Art	
12-3	Visual Art	

<b>7 days Week</b>	Individual community access and support options, group and special events. – notifications sent per event.
------------------------	--

**Visual Art- Painting, drawing, mixed media-** Participants will be guided in their art making by a professional artist to create paintings, drawings and mixed media artworks. Members are given the choice of working in groups on special projects that are planned each term or they can choose to work individually on their own area of interest. Discover your endless potential by experimenting with composition, tone shape and colour. Explore art movements and topics such as still life, pop art, assemblage... and more!

All Visual Art Program members are encouraged to participate in the Studio ARTES Annual Exhibition, and contribute to collaborative decorations for special events.

**Performance Building** – Storytelling has always been a powerful tool that transcends language barriers, cultural and physical limits. In this session, members will be given the opportunity to explore their creative gifts through drama, dance music and film. Performance building utilizes a variety of physical theatre, soundscapes and movement practices to tell a story.



**Gardening-** Come and join us at Whites Creek Community Garden. Learn about organic gardening techniques for growing your own food. Practice seasonal garden care, composting, planting, pest management and soil testing.

**Creative Cooking-** Improve your cooking skills and learn in a fun, social environment. Learn how to select and recognise ingredients, follow recipes and cooking methods as a group. At the end of each session the group will taste their cooking creation. Gain independence in the kitchen, learn teamwork and gain confidence in your cooking ability.

**Social Club-** this is a fun, social, low-key afternoon activity. Get together with your friends to watch films, go out for a meal, play games, and work on small projects together. Together the group will plan for and support each other on their group activities.





**Music and Rhythm-** Explore different areas of music. Provides opportunities for you to express yourself and build confidence through percussion, rhythm, melody and vocals. Combine your love of music, singing, playing instruments and dancing. Each week you create, improve and develop your performance skills and stage presence.



**Dance and Creative Movement –** Explore different dance styles and develop your fitness while creating fun performance pieces. Learn a different style of dance each term. Developing an understanding of movement styles, and create funky routines.

**Storytelling and Puppetry-** The group will explore different types of puppetry, such as tabletop puppetry, shadow puppetry, and object manipulation. As well as creating characters, making puppets and devising a series of short scenes. This session will allow member to use their imagination as the main drive developing performance skills and teamwork.

**Out and About-** This weekly activity club will visit art galleries, museums, festivals, markets and special events! Explore our wonderful city and have lunch with your friends. Come occasionally, or come every week. A quarterly calendar of events will be distributed, members can “opt in” to activities they would like to attend.

**Nature Art-** taking advantage of our beautiful parkland setting members will be led through various nature inspired activities. Including drawing, printmaking, photography, ephemeral art, craft activities and more!

**Community Access – Out in the Community** Staff are available for 1:1 or 1:2 support out in the community. We can provide support to go shopping, to the movies, to the football or just to get out and about to your appointments or meet your goals.

